



Research to Practice: Promising Practices with Infants and Toddlers

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ZERO TO THREE



The Special Concerns of Infants and Toddlers

- Chronic feeding or sleeping difficulties
- Inconsolable “fussiness” or irritability
- Incessant crying with little ability to be consoled
- Extreme upset when left with another adult
- Inability to adapt to new situations
- Easily startled or alarmed by routine events

Helping Young children Succeed: Strategies to Promote Early Childhood Social and Emotional Development (Sep. 2005) Julie Cohen, Ngozi Onunaku, Steffanie Clothier, and Julie Poppe



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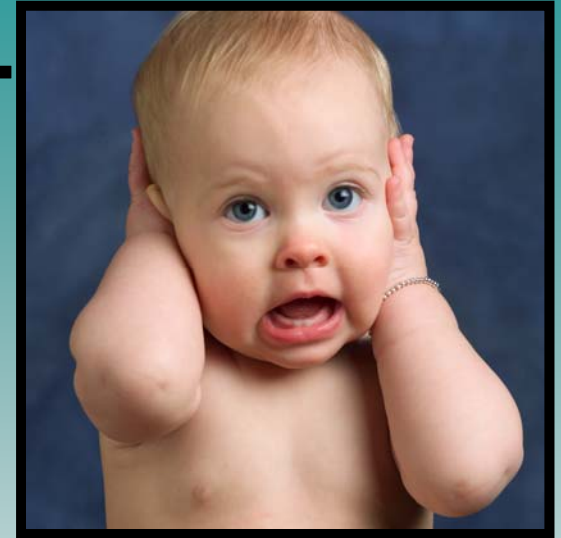
- Inability to establish relationships with other children or adults
- Excessive hitting, biting and pushing of other children or very withdrawn behavior
- Flat affect



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What we know...



- Biology
 - Temperament and genetics
- Relationships
 - Young children develop in the context of relationships
- Environment
 - Young children develop in the context of their environment

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Into what we do...

Strategies:

- Promotion
- Prevention
- Treatment/Intervention



Most successful interventions, whether they are primarily preventive or therapeutic, are based on facilitating that relationship (caregiver/child) and helping both the child and the caregiver learn to adapt successfully to each other's individuality.

Understanding Early Social and Emotional Development

- Parent Source
 - Wee Wonders
 - Tee Wonders
 - The Fussy Baby Clinic of Louisiana
- Reflective Dialogue Parent Education Design



*From the Journal of ZERO TO THREE: National Center for Infants, Toddlers and Families
(September 2005, Vol 26(1)).*



Early Head Start

- Early Head Start Research
 - Challenging behaviors for toddlers
 - Full implementation
- Infant Mental Health Initiative
 - Understanding the social and emotional strengths and vulnerabilities of very young children



DC: 0-3 R

- ***Diagnostic Classification of Mental Health Disorders of Infancy and Early Childhood, Revised Edition***
 - ***Addresses:***
 - ***Rapid pace of development***
 - ***Importance of early relationships***
 - ***Individual differences***
 - ***Impact of the caregiving environment***
 - ***Advance the evidence-based evolution of the system***

ZERO TO THREE.(2005). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised edition (DC:0-3R)*. Washington, DC: ZERO TO THREE Press.



