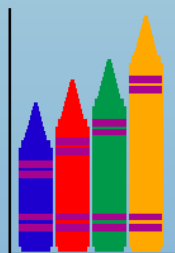




# Research Findings and Issues for Implementation, Policy and Scaling Up: Training & Supporting Personnel and Program Wide Implementation

Mary Louise Hemmeter  
Vanderbilt University

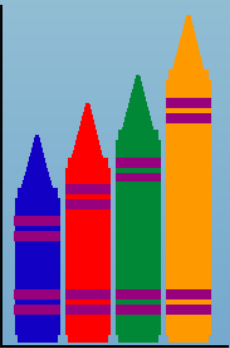


Evidence-Based Practice:  
Young Children  
with Challenging Behavior

[www.challengingbehavior.org](http://www.challengingbehavior.org)

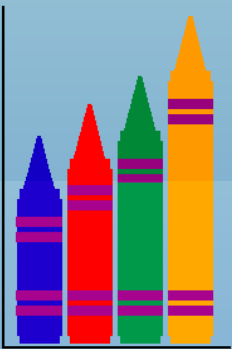
# Higher Ed Survey

- 2- and 4- year faculty reported
  - addressing the needs of children with ongoing challenging behavior - least prepared
  - designing environments/prevention practices - most prepared
- 4-year faculty reported their graduates to be significantly more prepared than 2-year faculty reported their graduates to be
- 4-year programs that had a special ed component reported their graduates to be more prepared than programs without a sped component.
- Primary barrier - "not enough room in program" and access to "practicum sites"



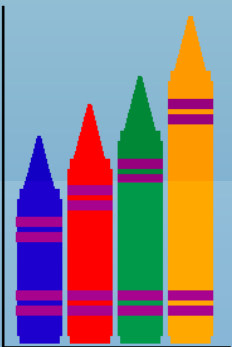
# Early Childhood Teacher Survey

- Of 10 topics, challenging behavior was the highest identified training need with social emotional development second
- 86% reported challenging behavior to be a training need
- 80% indicated that addressing challenging behavior negatively affects their job satisfaction
- 13% of respondents indicated a child had been asked to leave their program in the last 12 months because of behavior issues



# Results

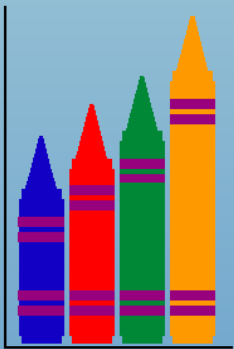
- 37% do not have access to behavior/mental health support person
  - When support is available, 85% report it to be effective
- Resources/supports used
  - Request someone to come to class in crisis
  - Send child out of classroom



# Child Care Teacher Interviews

## Results

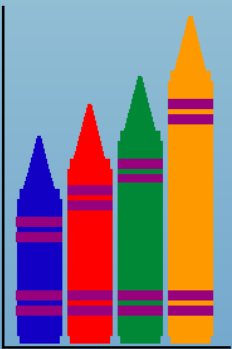
- 10-42% of children in their classrooms have challenging behavior
- Most common support is someone removing child from their room
- Teachers are generally not aware of program policies and procedures related to behavior



# Director Interviews

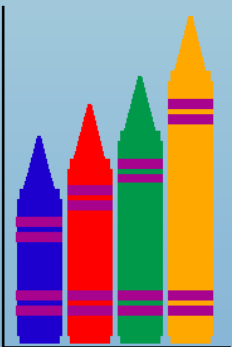
## Director Results

- Policies and procedures are in place but may not be well implemented or communicated
- Do not feel teachers are effective in implementing prevention/promotion practices
- More training was the most frequently reported need by directors for addressing challenging behavior
- Directors who were using a program wide approach were more likely to report that effective practices were being implemented



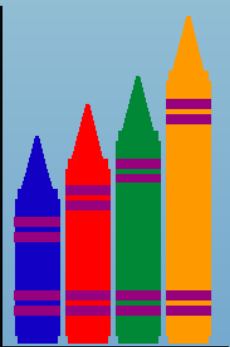
# Training and TA Providers

- 87 providers in 9 states
- Do not feel prepared to support teachers around children with the most challenging behaviors and working with families
- Only 13% reported that organizational supports are in place

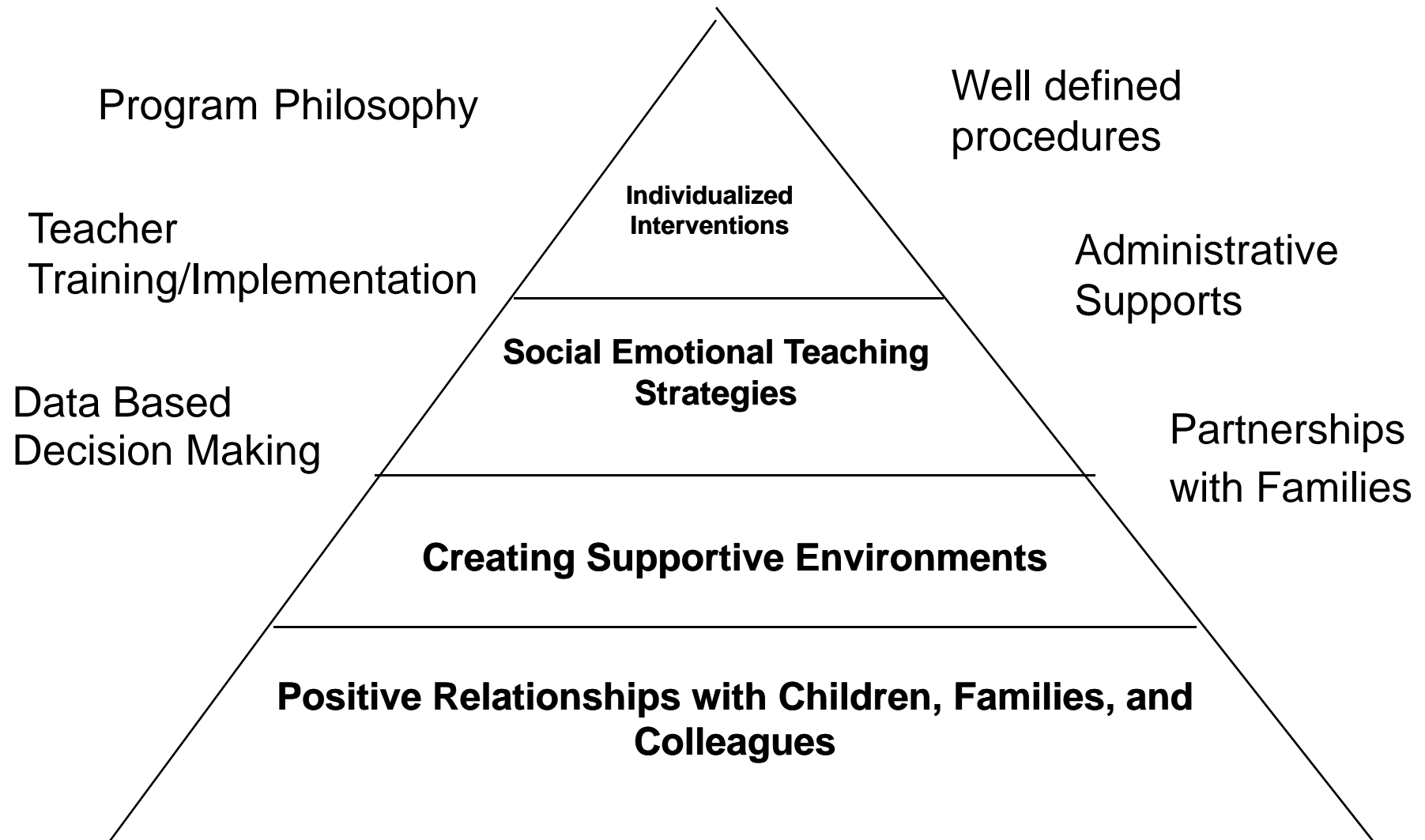


# Summary

- Challenging behavior is a high priority training need
  - Preservice
  - Inservice
- Focus is on “more training”
- Behavior supports most likely to be used (removing child from class or adult coming to help in crisis) are not likely to lead to behavior change in children or increased competency in staff
- There is little evidence of a systematic approach to behavior support within early childhood settings

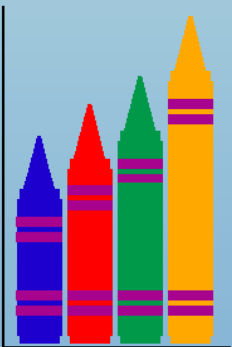


# *Program Wide Adoption*

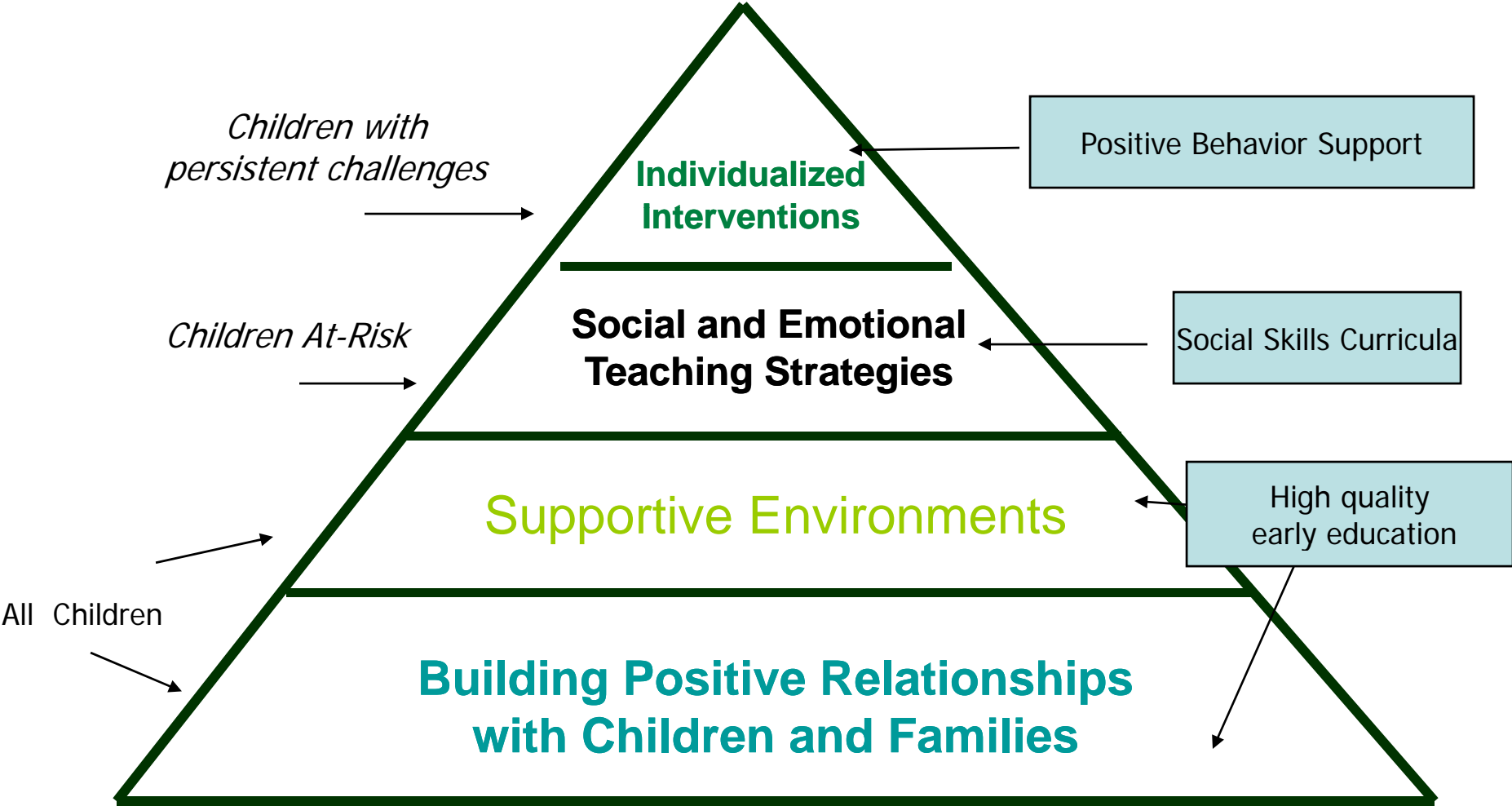


# Issues to Consider when Implementing Program Wide in EC Settings

- Range of service delivery systems
- Training and expertise of teachers
- Program philosophy, curriculum practices
- Age and developmental level of children
- Many early childhood programs do not have expertise in behavior support or resources to access this expertise
- Lack of policies and procedures in place related to behavior support and guidance
- Lack of systematic measure of effects

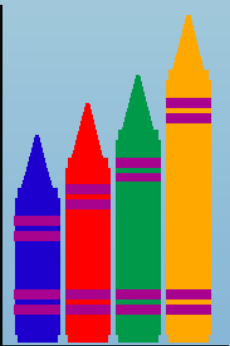


# ***The Teaching Pyramid: Promoting Social and Emotional Competence within Early Education and Child Care Environments***



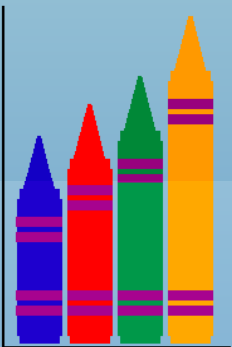
# Critical Elements of a Program Wide Model in EC Programs

- Administrative buy-in and commitment
- Buy-in from staff
- Family involvement and buy-in
- Developmentally appropriate and clearly articulated expectations for children's social behavior
- Intentional strategies for teaching social skills, supporting emotional competence, and acknowledging children's behavior



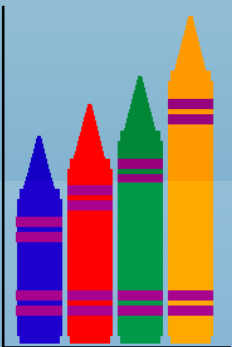
# Critical Elements of a Program Wide Model in EC Programs

- Strategies for addressing problem behavior
- Team based, individualized approach for addressing ongoing problem behavior
- Ongoing professional development
- Strategies for supporting teachers
- Process for monitoring outcomes



# Preliminary Outcomes

- Improved staff satisfaction
- Decreased turnover
- Increase in overall program quality
- Clearly articulated and implemented policies and procedures
- More intentional teaching and purposeful approaches to supporting emotional development
- Elimination of “time-out”
- Less reliance on “outside” experts
- Stronger collaboration with mental health providers



# What Makes it Work?

- A champion
- Administrative leadership
- Ongoing support for those working directly with children and families
- Clearly articulated policies and procedures related to behavior
- Commitment to long term process - systems change
- Collaboration between ECE and mental health/behavior consultants

