Infant and Early Childhood Mental Health Consultation

for **Pyramid Model Programs**

Contents

Introduction

This resource collection offers information and materials for states, communities, and early childhood programs seeking further information on Infant and Early Childhood Mental Health Consultation (IECMHC) and the integration with the Pyramid Model. IECMHC is an evidence-based approach that pairs mental health professionals with people who work with young children and their families. Resource formats in this collection include guides, tip sheets, fact sheets, webinars, and videos from NCPMI and our partners.

Resource Key: ⓘ fact sheet | 🧭 guide | 💡 tip sheet | 🛠 tool kit | 🖥 webinar | 🌐 webpage

Infant and Early Childhood Mental Health Consultation

Resource Name & Type	Descrption
ⓘ [What is Infant Early Childhood Mental Health Consultation?](#)	This fact sheet defines IECMHC while providing information about the support it can offer to a program, classroom, or individual child or family.
🌐 [The Center of Excellence for Infant and Early Childhood Mental Health Consultation](#)	This website is provided by the Center for Excellence for IECMHC a national technical assistance center dedicated to the advancement and impact of the field of IECMHC through resource development.
🌐 [Understanding Mental Health Consultation in Head Start Programs](#)	This webpage provided by Head Start offers resources and information about IECMHC in Head Start Programs. Including: the types of mental health consultation, mental health consultation in Head Start Programs and how it can support unique programmatic needs, and how to find a mental health consultant.

Resource Name & Type	Descrption
Infant and Early Childhood Mental Health and Early Intervention (Part C)	This briefing paper explores IECMH policies and practices that state early intervention (Part C) programs may consider implementing to meet the social-emotional and mental health needs of infants and toddlers in the context of relationships with their parents and other caregivers.
Research Synthesis: Early Childhood Mental Health Consultation	This research synthesis describes early childhood mental health consultation and the existing evidence base for its effectiveness in fostering healthy social and emotional development in young children, birth through age 6.
Curriculum Guidelines for Infant and Early Childhood Mental Health Consultation	These competencies represent a national consensus on the knowledge and array of foundational skills and abilities needed to become a competent IECMH consultant.
IECMHC Funding Tip Sheet: Engaging Foundations	This tip sheet was designed to assist IECMHC programs in applying for financial support from foundations. Information is provided on the process of applying for a foundation grant, what foundations are typically interested in, and how a program can prepare to respond quickly to these funding opportunities.

IECMH Consultation and Communities of Varied Backgrounds

Resource Name & Type	Descrption
Diversity Informed Tenets for Working with Infants, Children, and Families	Developed and disseminated by the Tenets Initiative of the Irving Harris Foundation, The Diversity-Informed Tenets for Work with Infants, Children and Families are a set of strategies and tools for strengthening the commitment and capacity of professionals, organizations, and systems to embed diversity, inclusion and equity principles.

Resource Name & Type	Descrption
🌐 Information on [IECMHC & Tribal Nations](#)	This web page was created to support programs, local governments, and Tribal Nations in creating better services and systems for infants, toddlers, and young children and their families through an IECMHC program.

IECMH Consultation and The Pyramid Model

Resource Name & Type	Descrption
[Understanding Infant and Early Childhood Mental Health Consultation (IECMHC) and the Pyramid Model](#)	This fact sheet describes how IECMHC works together with the Pyramid Model.
[Integrating Early Childhood Mental Health Consultation with the Pyramid Model](#)	This practice brief provides an overview of IECMHC, how it can support the implementation of the Pyramid Model, and considerations for integrating these two approaches at the state and local levels.
[All Hands on Deck: Integrating Infant Early Childhood Mental Health Consultation and the Pyramid Model](#)	This webinar panel discussion offers an opportunity to learn about two different IECMHC models and how each model incorporates the Pyramid Model in their work. The webinar panelists discuss the relationship between mental health consultation and the Pyramid Model, highlighting how these distinct approaches align and supplement one another.
[All Hands on Deck: Pyramid Model Coaches, Mental Health Consultants, and Mental Health Therapists](#)	This fact sheet defines the roles of Pyramid Model coaches, mental health consultants, and mental health therapists and provides answers to frequently asked questions about these roles.
[How Mental Health Consultants Support Child Care Programs](#)	This document explains how a child care program can benefit from working with a mental health consultant and how a consultant can work with the adults in children's lives to support their social-emotional development.

IECMH Consultation and Pyramid Model Leadership Teams

Resource Name & Type	Descrption
All Hands on Deck Webinar: Partnering with Infant and Early Childhood Mental Health Consultants to Implement the Pyramid Model	This webinar panel discusses the relationship between an IECMH consultant and the Pyramid Model leadership team, including support that might be provided by the mental health consultant to build the capacity of the program and personnel as they provide services to young children and their families.
All Hands on Deck: Partnering with Infant and Early Childhood Mental Health (IECMH) Consultants to Implement the Pyramid Model	This fact sheet describes how programs might partner with IECMH consultants to implement the Pyramid Model, including detailed information on how the IECMHC can contribute to leadership team and program activities.

IECMH Consultation and Pyramid Model Coaching

Resource Name & Type	Descrption
Crosswalk of Infant Early Childhood Mental Health Consultation and Pyramid Model Coaching: Building Capacity in Early Childhood for the Promotion of Social and Emotional Health	This crosswalk highlights IECMHC, Pyramid Model Implementation Coaching, and Pyramid Model Practice-Based Coaching as supports to enhance young children's social and emotional health.
All Hands on Deck: Defining the Role of Mental Health Consultation and Supports Within the Coaching Context	In this webinar, the relationship and role between IECMH consultants and Pyramid Model coaches is explored. Strategies coaches can use to identify when they might need the support of a mental health consultant and how to locate resources related to mental health are shared.

IECMH Consultation and Families

Resource Name & Type	Descrption
[Infant and Early Childhood Mental Health Consultation: Information for Families](#)	This tip sheet for families explores how mental health consultants help adults build strong relationships with children and how they can help families address concerns about children's social-emotional development.
[Infant and Early Childhood Mental Health Consultation Engaging with Families](#)	This resource is a guide for IIECMH consultants in their work with program leadership, staff, children, and families. It highlights how IECMHC is most effective when it is integrated in the program's planning and service delivery.