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UNPACKING **COACHING** *Webinar Series*

Group Coaching to Support Pyramid Model Implementation: A Virtual Tour of Materials

Sarah Basler, Vanderbilt University
Letitia Bandy, Metropolitan Action Committee Head Start
Erika Breshears, Mid-Cumberland Head Start
Britany Hobbs, Metropolitan Action Committee Head Start

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National Center for
Pyramid Model
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Welcome

Mary Louise Hemmeter
Vanderbilt University

Letitia Bandy
Metropolitan Action Commission
Head Start

Sarah Basler
Vanderbilt University

Erika Breshears
Mid-Cumberland
Head Start

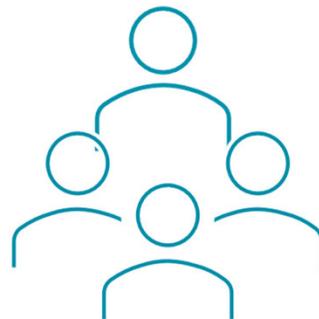**Britany Hobbs**
Metropolitan Action Commission
Head Start

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Agenda

Overview of Group Coaching

Accessing Group Coaching Materials

Coach Perspective of Group Coaching

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Group Coaching Approach

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Adherence to PBC

- Action Plan
- Focused Observation (participant videos)
- Reflection and Feedback
- In the context of a Collaborative Partnership

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Group Focus

1. Friendship Skills
2. Friendship Skills Review

3. Emotional Literacy
4. Emotional Literacy Review

5. Self-Regulation and Anger Management
6. Self-Regulation and Anger Management Review

7. Problem Solving
8. Problem Solving Review

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Group Coaching Meeting Agenda

- Opening – 10 minutes
- Pyramid Model content – 10 minutes
- Video sharing – 25 minutes
  - Group Meeting 1 - sample videos related to group topic
  - Group meeting 2 – group member videos related to group topic
- Reflection and feedback
- Action planning – 10 minutes
- Closing– 5 minutes
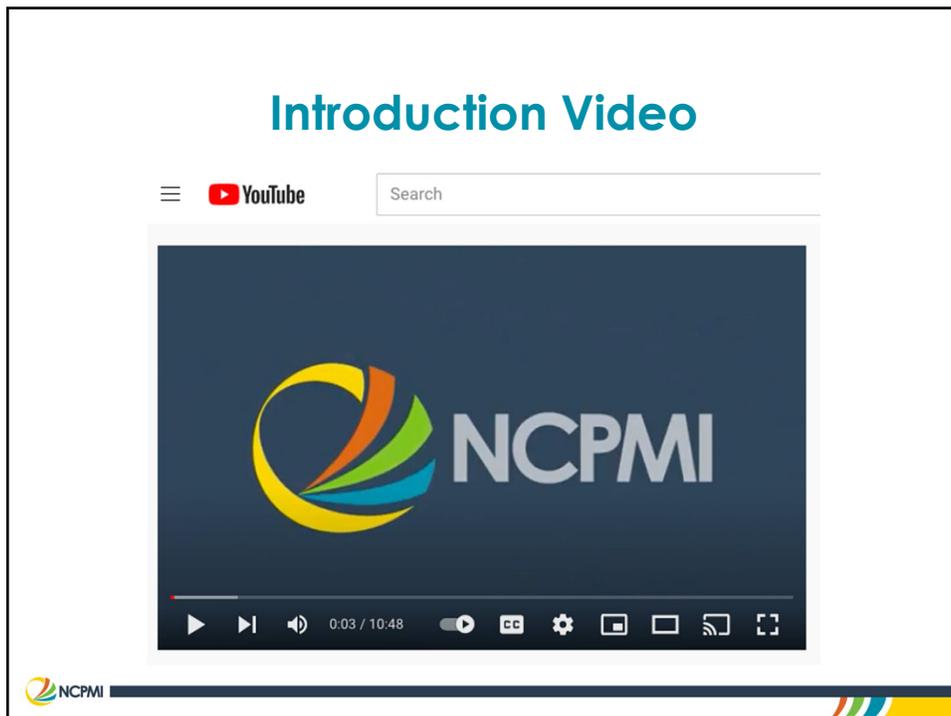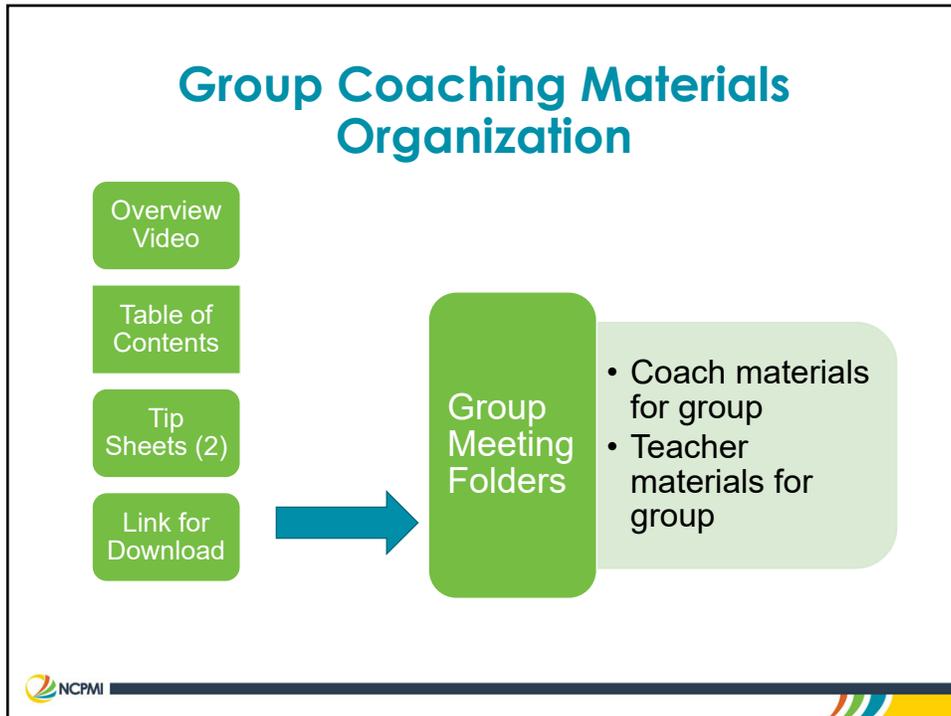
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Accessing Group Coaching Materials

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Group Coaching Materials Organization

Overview Video

Table of Contents

Tip Sheets (2)

Link for Download

→

Group Meeting Folders

- Coach materials for group
- Teacher materials for group

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Introduction Video

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Tip Sheets

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Access to Materials

Group Coaching Approach

Overview

Group Coaching is an effective and efficient way to deliver Practice-Based Coaching on Pyramid Model Practices in a group context. Group Coaching meetings are facilitated by a coach and are a way for teachers to learn about social-emotional teaching practices, plan to implement practices, share video, reflect, and provide feedback to peers on their use of practices.

This Group Coaching Package includes group coaching materials and resources in a ready-to-use format. Within the group coaching package, coaches can access materials and resources to facilitate 8 group coaching meetings. The group meetings are organized by a social-emotional competency area, with each competency area being covered across two meetings. For each competency area, the first group meeting introduces the practices related to the social-emotional competency area and the second group meeting reviews what participants tried in their classrooms.

Group Topics:

- Friendship Skills
- Emotional Literacy
- Self-Regulation and Anger Management
- Problem Solving

Resources to Get Started

Learn more about the group coaching, before you download the package, with these resources:

Intro to Group Coaching

Overview of Group Coaching and the resources available for download.

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Complete Form

Download the Group Coaching Package
Please provide the following information.

Name *
First   Last

Email *

Organization/Program/School *

City *

US State/Territory *
Choose One

Country *
Choose One

What is your role? *
- [ ] Practitioner Coach
- [ ] Program Implementation Coach
- [ ] Early Education Teacher
- [ ] Early Education Administrator
- [ ] School Administrator
- [ ] Technical Assistance or Training Professional
- [ ] Therapist or Related Service Provider
- [ ] Early Intervention Professional
- [ ] 619 Coordinator
- [ ] Part C Coordinator

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Download Zip File

Success!

Download the Group Coaching Package

IMPORTANT!: Make sure to save this document to your computer now. Once you navigate away from this page or refresh your browser window, this link will disappear.

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Group Coaching Materials

▼ 📁 Friendship
    ▶ 📁 Group 1
    ▶ 📁 Group 2
▼ 📁 Problem Solving
    ▶ 📁 Group 7
    ▶ 📁 Group 8
▼ 📁 Self-regulation and Anger Management
    ▶ 📁 Group 6
    ▶ 📁 Group 5

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Coach Materials

- **PowerPoint Presentation**
- **Handouts for the Coach**
  - Group Checklist
  - Meeting Attendance and Participation Log
  - Presenter Notes

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Participant Materials

- **Handouts for Participants**
  - PowerPoint Slides
  - Group Reflection Form
  - Materials
  - Plan, Do, Reflect Planning Form
  - Sample Action Plans
  - Feedback (Group 2, 4, 6, 8)
- **Materials for Participants (Group 1, 3, 5, 7)**

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Material List

Self-Regulation and Anger Management Resources and Materials:

1. Book ideas for teachers: *Ravi's Roar, Little Monkey Calms Down*
2. Backpack Series Handout (Classroom Set): *How to Help Your Child Recognize & Understand Anger* [https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_emotions_anger.pdf]
3. Article *Helping Children with Big Feelings* [https://illinoisearlylearning.org/blogs/growing/big-feelings/]
4. Introducing the Turtle Technique (Classroom Set) [https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle_letter.pdf]
5. Tucker Puppet
6. Tucker Turtle Song and Finger Play [https://challengingbehavior.cbcs.usf.edu/docs/Tucker-finger-play-songs.pdf]
7. Tucker Turtle Scripted Story [https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle_Story.pdf]
8. Stop/Go Signs (Classroom Set) [https://challengingbehavior.cbcs.usf.edu/docs/Stop-Go_Activity.pdf]
9. Relaxation Thermometer [https://challengingbehavior.cbcs.usf.edu/docs/Relaxation-Thermometer.pdf]
10. Smell the Flower/ Blow the Pinwheel [https://challengingbehavior.cbcs.usf.edu/docs/Smell-Blow.pdf]
11. Calm Down Kit:
    a. Container with label for Calm Down kit
    b. Self-regulation Cards
    c. Pinwheel
    d. Squishy Ball/Squeeze Balls
    e. Bubbles

**Materials (Groups 1, 3, 5, 7)

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Coach Perspective

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Questions?

Use the
Q&A panel
to submit your
questions.

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Additional Webinar

- Using Practice-Based Coaching in a Group Format

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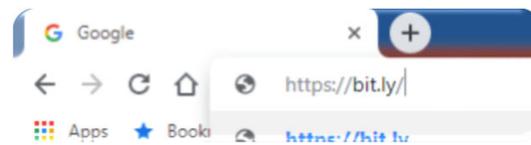# Survey and Certificate

Live Viewers
- Email with survey link (in 1 hour)

Recording Viewers
- Type URL during recording into a web browser window
- *URL is case sensitive*

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Thank You

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