




Cov Theem Pab Daws Teeb Meem



Theem 1. Kuv qhov teeb meem yog dabtsi?



Theem 2. Xav, xav, xav txog lub tswv sim daws kom tau qhov teeb meem.



Theem 3. Muaj dabtsi tshwm sim yog tias...?
Nws puas muaj kev tsis phom sij?
Nws puas muaj kev ncaj ncees?
Txhua tus neeg yuav xav li cas?



Theem 4. Sim!

Qhia kom paub txog Cov Theem Pab Daws Teeb Meem

Thaum ntsib nrog kev tsis sib haum xeeb ntau tus menyuam mas yeej tsis yoog yim kom nrhiav tau lub tswv yim daws qhov teeb meeb. Lawv tus xeeb ceeb ua pom tau tias lawv chim los yog meem txom vim yog tsis paub txoj hauv kev kom zoo los mus daws qhov teeb meem. Cov menyuam yaus yuav tsum kom muaj kev cob qhia txog tsi ntsees rau cov Theem Pab Daws Teeb Meem, kom thiaj li paub xav txog ntau txoj hauv kev los daws qhov teeb meem, thiab kom nkag siab tias yeej muaj tej yam kev rau txim rau txhua qhov kev daws teeb meem. Cov xib fwb kuj yuav siv cov ntawv es pab qhia kom daws tau teeb meem los ntawm Problem Solving Boy or Girl and The Solution Kit Cards.

Cov tswv yim daws teeb meem hu ua Solution Kit

https://challengingbehavior.cbcs.usf.edu/docs/SocialEmotionalSkills_solution-kit.pdf

Qhia cov them es yog:


- ▶ Siv qhov es ua yeeb yam ib tug hais ib tug teb thaum zaum ua voj voog ua ke
- ▶ Siv cov tshiaj xuas ntaub xaws (puppets)
- ▶ Muab cov duab qhia txog cov them pab daws teeb meem lo ib puag ncig hauv chav kawm ntawv
- ▶ Cia kom cov menyuam mus muab tau cov tswv yim daws teeb meem hu ua solution kits ib puab ncig hauv chav kawm ntawv
- ▶ Txhob txwm npaj ib co “teeb meem” kom pab tau rau cov menyuam xyaum kom paub daws txhua qhov teeb meem.




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