

Understanding Infant and Early Childhood Mental Health Consultation (IECMHC) and the Pyramid Model

IECMHC

is a prevention-based service that pairs a master's-level **mental health consultant** with families and with adults who work with infants and young children in different settings.



**MENTAL
HEALTH
CONSULTANT**

THE PYRAMID MODEL



is a multi-tiered, prevention-focused positive behavioral intervention and supports (PBIS) framework designed for implementation by early care and education programs.



involves **coaches** to help with implementation and fidelity and is guided by a leadership team.

BOTH IECMHC AND THE PYRAMID MODEL...

- > Focus on the critical importance of positive relationships in the early years of a child's development
- > Build the capacity of professionals and families
- > Support children's social and emotional development



IECMH consultants may support Pyramid Model implementation.

The IECMH consultant, trained in the Pyramid Model, brings a mental health perspective and focuses on factors influencing relationships and behaviors, such as the impact of trauma, depression, adversity, and substance misuse; staff wellness; and underlying causes of behavior.

IECMH consultants may work with **Pyramid Model coaches and leadership teams** to support Pyramid Model implementation.



ORIENTATIONS

IECMHC

Mental Health
Family Systems
Consultation

Pyramid Model

Early Childhood Education
Family Engagement
Early Childhood Special
Education
Data-Based Decision Making
Practice-Based Coaching

IECMHC and the Pyramid Model have different, but complementary, orientations.

This product was prepared under Contract number HHSS283201200024/HHSS28342003T for the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, by the Center of Excellence for Infant and Early Childhood Mental Health Consultation.

This document was developed in collaboration with the National Center for Pyramid Model Innovations (NCPMI), <http://challengingbehavior.cbcs.usf.edu>.



THE CENTER OF EXCELLENCE FOR
Infant and Early Childhood
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