I Am a Super Friend!

NCPMI

I like playing with my friends at school!

But sometimes when I see a toy someone is playing with,
I feel like grabbing it.

When that happens, my friends might feel sad or mad.

**I can make a different choice.
I can be a Super Friend!**

I can be a Super Friend when I...
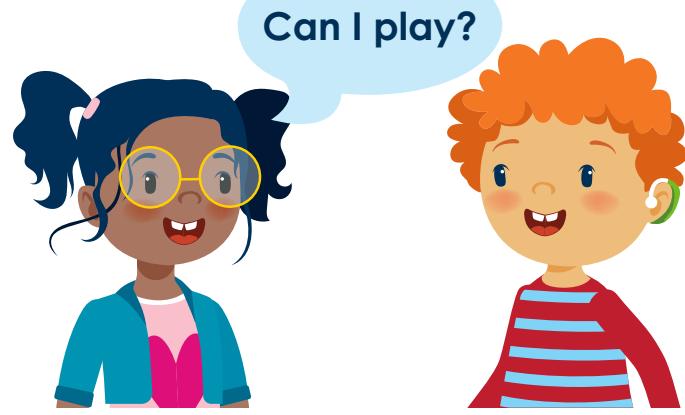
Ask To Play
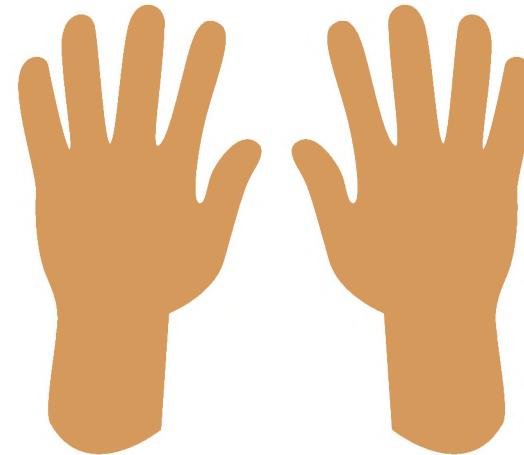
Can I play?

Use Gentle Hands

Take Turns

Calm Down With Deep Breaths

I am a Super Friend when I
Ask To Play

I **ask to play** by using my soft voice to ask, "Can I play with you?"

My friend might say, "Yes" and we can play.

They might say, "No," and I can find another friend to play with.

I am a Super Friend when I
Use Gentle Hands

I **use gentle hands** by being soft and gentle with my touches.
My friends and I have fun when I play gently with my toys.

I am a Super Friend when I
Take Turns

I **take turns** with toys when my friend plays for a little bit of time and I wait.

Then I can ask, "Can I have a turn?", and my friend gives it to me to play.

I am a Super Friend when I
Take Turns

Sometimes when I ask to **take turns**, my friend might say, "Not yet," and I have to wait to take my turn, but I know I can play soon.

I am a Super Friend when I
Calm Down with Deep Breaths

I **calm down with deep breaths** when I feel mad or sad by taking three deep breaths.

I count my deep breaths, one, two, three. Then I feel ready to make a new choice.

I can be a Super Friend when I...

Ask To Play

Can I play?
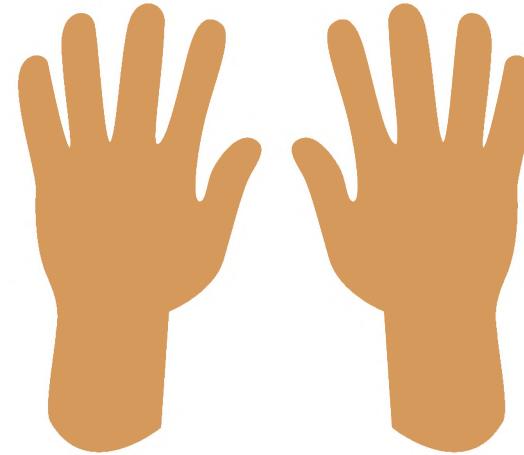
Use Gentle Hands

Take Turns

Calm Down With Deep Breaths

My friends are happy when I am a Super Friend.

I am proud of myself when
I am a Super Friend!

This sample scripted story was originally created by Lisa Grant and Rochelle Lentini (2002) to provide support to a child. This version was adapted by Leigh Ashley (2021).

Scripted stories can be used to help an individual child or groups of children follow the expectations of activities, routines, and social situations. See the Making a Scripted Story for Early Childhood Education and Care Environments and Making a Scripted Story (for home) resources for tips on developing your own story.